



University of Pretoria Yearbook 2022

Exercise physiology III 320 (SMC 320)

Qualification	Undergraduate
Faculty	Faculty of Health Sciences
Module credits	20.00
NQF Level	07
Programmes	BSportSci
Prerequisites	SMC 221
Contact time	1 tutorial per week, 2 lectures per week
Language of tuition	Module is presented in English
Department	Biokinetics and Sports Science
Period of presentation	Semester 2

Module content

*Closed - requires departmental selection.

Allostasis, energy dynamics, fatigue, immune system considerations, muscle hypertrophy, DOMS, NSAIDs, environmental physiology.

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